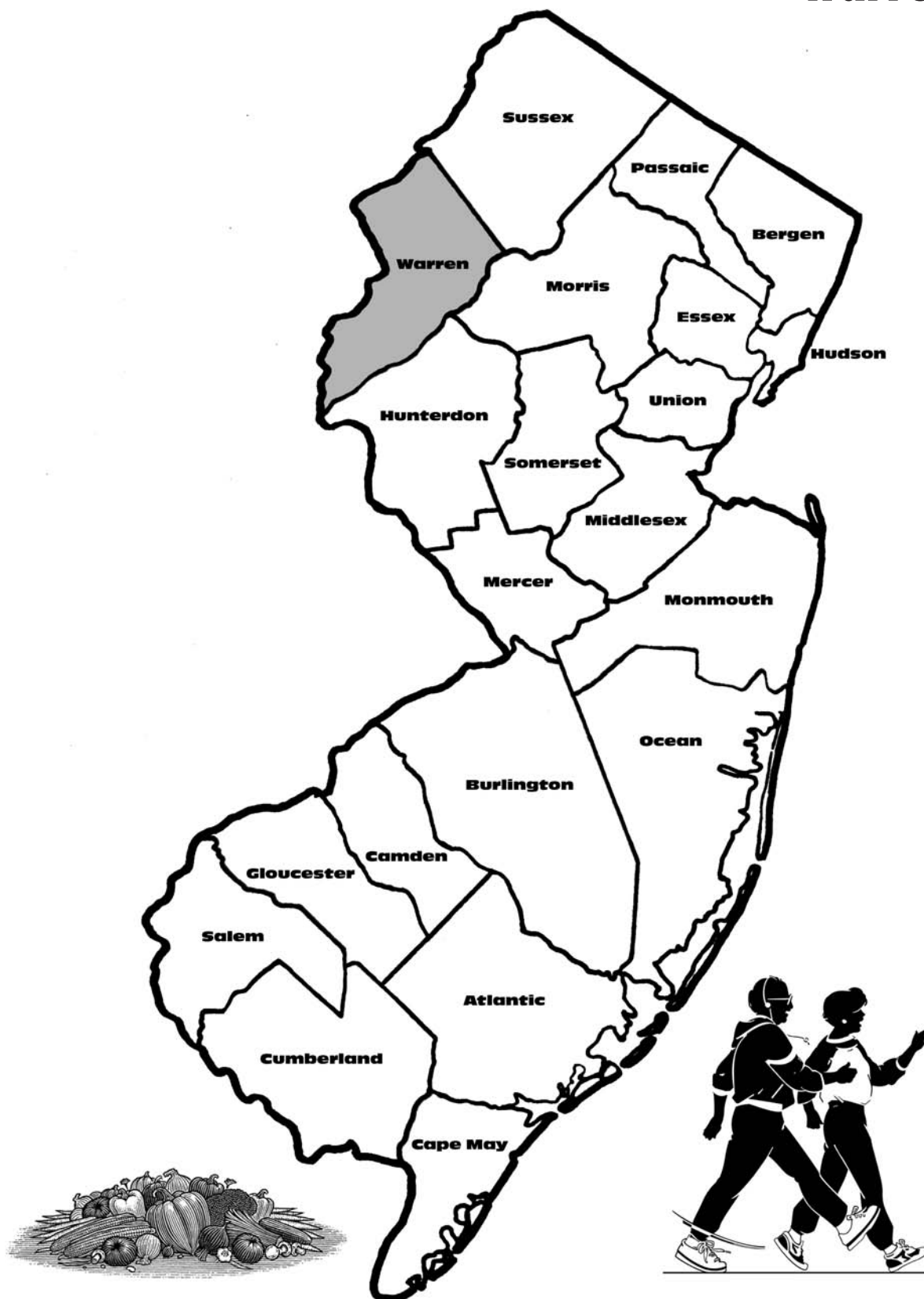










## Warren County








## WARREN COUNTY Nutrition Programs

<b>Program Name:</b>	<b>Health Education Division</b>
<b>Agency/Institution:</b>	<b>Warren County Health Department</b>
<b>Address:</b>	<b>315 W. Washington Avenue, Washington, NJ 07882</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-475-7960</b>
<b>Website:</b>	<b><a href="http://www.co.warren.nj.us/healthdept/">www.co.warren.nj.us/healthdept/</a></b>
<b>Focus:</b>	<b>To provide nutrition information on request to any and all Warren County residents as necessary</b>
<b>Services:</b>	  
<b>Population served:</b>	<b>All ages</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program has specific cancer prevention focus and provides information for cancer patients/survivors</b>

<b>Program Name:</b>	<b>Warren County Senior Nutrition Program</b>
<b>Agency/Institution:</b>	<b>Warren County Division of Senior Services</b>
<b>Address:</b>	<b>165 County Road 519 South, Belvidere, NJ 07823</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-475-6590</b>
<b>Website:</b>	<b><a href="http://www.warrennet.org/warrencounty/">www.warrennet.org/warrencounty/</a></b>
<b>Focus:</b>	<b>To provide a nutritious meal meeting 1/3 of the recommended dietary allowances</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Seniors</b>
<b>Funded by:</b>	<b>Own funding</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>



**Key:**  Education Materials  Workshops/Classes  Program Evaluation  Counseling  
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

## WARREN COUNTY Nutrition Programs

<b>Program Name:</b>	<b>Weight Management</b>
<b>Agency/Institution:</b>	<b>Warren Hospital</b>
<b>Address:</b>	<b>445 Marshall Street, Phillipsburg, NJ 08865</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-959-8833</b>
<b>Website:</b>	<b>www.warrenhopsital.org</b>
<b>Focus:</b>	<b>Encourage healthy eating and physical activity</b>
<b>Services:</b>	  
<b>Population served:</b>	<b>Adults, seniors</b>
<b>Funded by:</b>	<b>Own funding</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>
<b>Other information:</b>	<b>Call for information on currently available programs</b>



**Key:**  Education Materials    Workshops/Classes    Program Evaluation    Counseling  
 Equipment or Facilities for Fitness    Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)






# WARREN COUNTY Physical Activity Programs

<b>Program Name:</b>	<b>Health Education Division</b>
<b>Agency/Institution:</b>	<b>Warren County Health Department</b>
<b>Address:</b>	<b>315 W. Washington Avenue, Washington, NJ 07882</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-475-7960</b>
<b>Website:</b>	<b><a href="http://www.co.warren.nj.us/healthdept/">www.co.warren.nj.us/healthdept/</a></b>
<b>Focus:</b>	<b>To promote daily physical activity</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>All ages</b>
<b>Fees &amp; Charges:</b>	<b>None</b>

<b>Program Name:</b>	<b>Team Sports</b>
<b>Agency/Institution:</b>	<b>Phillipsburg Recreation Department</b>
<b>Address:</b>	<b>675 Corliss Avenue, Phillipsburg, NJ 08865</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-454-5003</b>
<b>Website:</b>	<b><a href="http://www.phillipsburgnj.org">www.phillipsburgnj.org</a></b>
<b>Focus:</b>	<b>Promote active lifestyle</b>
<b>Services:</b>	  <b>Education for volunteer coaches</b>
<b>Population served:</b>	<b>Children, adolescents</b>
<b>Funded by:</b>	<b>Own funding, grants, nominal fees and fund raising</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>

# WARREN COUNTY Physical Activity Programs

<b>Program Name:</b>	<b>Various programs at Nutrition Centers</b>
<b>Agency/Institution:</b>	<b>Warren County Division of Senior Services</b>
<b>Address:</b>	<b>165 County Road 519 South, Belvidere, NJ 07823</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-475-6590</b>
<b>Website:</b>	<b>www.warrennet.org/warrencounty/</b>
<b>Focus:</b>	<b>To provide a healthy, nutritious lunch and promote healthy living</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>Seniors</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

<b>Program Name:</b>	<b>Health and Wellness Center</b>
<b>Agency/Institution:</b>	<b>Warren Hospital</b>
<b>Address:</b>	<b>445 Marshall Street, Phillipsburg, NJ 08865</b>
<b>County:</b>	<b>Warren</b>
<b>Phone:</b>	<b>908-959-8833</b>
<b>Website:</b>	<b>www.warrenhospital.org</b>
<b>Focus:</b>	<b>To improve health and wellness by offering guidance in choosing a comprehensive long-term program to meet specific needs The center is directed toward the achievement and maintenance of improving cardiovascular endurance, increasing strength, and losing weight in a medically based fitness facility.</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Adolescents, adults, seniors</b>
<b>Funded by:</b>	<b>Own funding</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>